

## 1 WHY HIGH ADVENTURE?

- ❖ High Adventure is the rocket fuel of Scouting
- ❖ High Adventure provides experiences outside normal everyday Scouting
- ❖ High Adventure provides experiences that are useful in normal everyday life
- ❖ High Adventure requires planning and preparation
- ❖ High Adventure provides the incentive to learn new skills and refine old ones
- ❖ The High Adventure trip is the the payoff for the preparation, planning and skill development

## 2 TROOP 5

### HIGH ADVENTURE OUTINGS

- 1997 - Boundary Waters Canoe Area Wilderness
- 2000 - Colorado High Altitude
- 2002 - Boundary Waters Canoe Area Wilderness
- 2003 - Colorado High Altitude
- 2005 - Boundary Waters Canoe Area Wilderness
- 2005 - Colorado High Altitude
- 2006 - Maui
- 2007 - Colorado High Altitude
- 2008 - Boundary Water Canoe Area Wilderness
- 2009 - Maui
- 2010 - Colorado High Altitude

## 3 CODE of CONDUCT

- ❖ This is an Official BSA outing. It will be conducted in strict accordance with the policies of the BSA, with particular emphasis on Youth Protection and the Guide to Safe Scouting.
- ❖ All participants will be expected to conduct themselves in accordance with the Scout Oath and Law. No Exceptions.

## 4 RISKS - TRAVEL

- ❖ Long trip with challenging mountain roads
- ❖ Two adults will be in each vehicle
- ❖ All vehicles will be equipped with radios
- ❖ Drivers switch approximately every three hours
- ❖ Seat belt use is mandatory for ALL personnel
- ❖ Each vehicle will keep the vehicle behind it in sight at all times
- ❖ Each vehicle will be responsible to transport all the personal gear for all the occupants of the vehicle

## 5 RISKS - HIKING

- ❖ Youth Protection standards will be followed
- ❖ Radios will be utilized as needed
- ❖ Persons without a sufficient level of preparation will not be allowed to participate
- ❖ Injured or sick persons will not be allowed to ascend – or continue to ascend
- ❖ Hiking UP is optional – hiking DOWN is required

6  **RISKS - ALTITUDE**

- ❖ Time will be taken for acclimatization
- ❖ All personnel will be familiarized with the symptoms of HAPE, HACE and AMS
- ❖ Any symptoms of HAPE, HACE or AMS will be taken seriously
- ❖ No one will be either pushed or allowed to perform beyond their ability

7  **RISKS - WEATHER**

- ❖ No hiking above the treeline in thunderstorm conditions
- ❖ If the summit is not reached by Noon, the summit attempt may be abandoned, and the group will descend
- ❖ Other inclement weather conditions, such as snow, sleet, hail, or rain, may be cause for abandonment of a summit attempt

8  **Medical Screening**

- ❖ An Annual Health and Medical Record form is required for ALL participants
- ❖ This is a replacement of the old forms
- ❖ Parts A, B and C need to be completed
- ❖ This requires a doctor visit
- ❖ Emphasis on High Altitude
- ❖ Special Note to Doctor

9  **Boots**

- ❖ Medium weight, mid height boots are REQUIRED
- ❖ Army style “combat boots” are PROHIBITED
- ❖ Any kind of running or athletic shoes are PROHIBITED
- ❖ Get boots early (January) so as to break them in properly.
- ❖ Expect to spend \$80-\$150
- ❖ Proper footwear is REQUIRED to participate in the hikes

10  **Socks**

- ❖ Cotton socks are BAD
- ❖ Polypropylene socks are GOOD
- ❖ You will need at least 2 pair for hiking
- ❖ Wear them on your conditioning hikes
- ❖ Thorlo Scout Uniform Socks are recommended (about \$11 per pair)

11  **Rain Gear**

- ❖ For youth, a poncho of some kind is recommended
- ❖ Top recommendation is an army surplus poncho (\$25)
- ❖ Next are the poly ponchos that sell for about \$20
- ❖ Last resort is the \$1 (Hefty trash bag) kind of poncho
- ❖ Strong winds may shred a cheap poncho
- ❖ A poncho is recommended over a raincoat
- ❖ It protects your legs and can serve as an emergency shelter
- ❖ A poncho is also probably lighter than a raincoat of reasonable quality
- ❖ If you get wet, you can become hypothermic and die

12  **Pack**

- ❖ A butt-pack, torso-pack or day-pack is **REQUIRED**
- ❖ It should be capable of holding, at a minimum, lunch, a poncho, map, compass, first-aid kit, and ½-gallon of water
- ❖ Expect to spend \$20-\$30
- ❖ Wear it fully loaded on all your conditioning hikes
- ❖ Each hiker is expected to carry his own gear. If you are too small to carry your own stuff, you are in the wrong place

13  **Hydration**

- ❖ A water system capable of holding at least ½-gallon of water is required
- ❖ A camel-back-type system is OK if you have a way to carry it
- ❖ Four twenty-oz screw-top pop bottles will work - they are cheap and replaceable

14  **Cranial Cover**

- ❖ A cap of some type is required. It must protect your ears, face and neck from sunburn.

15  **Trousers**

- ❖ Blue jeans are **PROHIBITED**
- ❖ Camouflage lightweight BDU pants are excellent
- ❖ Available at ABN Surplus for about \$15 used
- ❖ Lots of pockets, fit well, very durable, and dry fast
- ❖ If you want to spend some \$\$, there are quite a few types of “zip-off” pants available for \$40-\$50

16  **Shirt**

- ❖ Class B Uniform (red t-shirts)
- ❖ Class A Uniform (khaki shirts) **NOT NEEDED**
- ❖ Uniform shirts must be worn by all participants while traveling or in public
- ❖ Persons not having a Class B shirt will be expected to buy at least one prior to the trip

17  **Sunglasses**

- ❖ Glasses with a high degree of UV blocking power are required. The sun is harsh at 10,000 feet and brutal at 14,000 feet.

18  **UNDERWEAR**

- ❖ **CHAFE** is your enemy
- ❖ Avoid boxer-style underwear
- ❖ Long-legged briefs are recommended
- ❖ Long-legged polypropylene briefs are perfect

19  **Sunscreen**

- ❖ SPF 1,000,000
- ❖ Use liberally and repeatedly
- ❖ The UV index at 14,000 feet elevation is about 30 on the 1-10 scale you see on TV

20  **Hiking Staff**

- ❖ Optional but recommended
- ❖ Trekking poles very desirable
- ❖ Standard Scout Stave is OK
- ❖ Most important for “mature” participants

21  **FIRST-AID KIT**

- ❖ Each hiker should carry a personal First-Aid kit
  - ❖ Band-aids
  - ❖ Moleskin
  - ❖ Duct tape
  - ❖ Analgesic of choice (Advil, Tylenol, Aspirin, etc)
  - ❖ Baby powder

22  **Equipment Sources**

- ❖ CAMPMOR
- ❖ REI
- ❖ Cabela’s
- ❖ Scheels
- ❖ Scout Catalog
- ❖ ABN Surplus
- ❖ Internet

23  **Pre-Trip Conditioning**

- ❖ Preparation Hiking Schedule (Minimum effort required)
  - ❖ January 10 miles
  - ❖ February 10 miles
  - ❖ March 15 miles
  - ❖ April 15 miles
  - ❖ May 20 miles
  - ❖ June 20 miles
  - ❖ July 20 miles
- ❖ A hiking log sheet, to be signed by the parents, will be provided for participants. The log sheet will ask for times and places of conditioning hikes. Wear your hiking boots, poly socks and loaded pack on all hikes.
- ❖ If you are not sufficiently prepared, you will not be allowed to participate.

24  **WHO GOES?**

- ❖ Registered active Scouts
- ❖ Adult Drivers
- ❖ This is a BSA Troop 5 High Adventure – NOT a family vacation.
- ❖ This is not a replacement for Summer Camp.

25  **Adult Eligibility**

- ❖ Registered Scouters
- ❖ Parents of Scouts
- ❖ Troop 5 Eagle Alumni
- ❖ All Adults will be required to complete and show evidence of completion of on-line Youth Protection Training at [www.siouxbsa.org](http://www.siouxbsa.org) - follow the links...
- ❖ We will need vehicle insurance information and drivers license number from each driver - Tour Permit

26  **Scout Eligibility**

To be eligible, Scouts must:

- ❖ Complete 6<sup>th</sup> grade
- ❖ Attend at least one Summer Camp with Troop 5
- ❖ Display sufficient physical and emotional maturity to undertake this challenge

By order of preference:

- ❖ Eligible Scouts of parents that drive
- ❖ Eligible Scouts that have not yet attended (by age, oldest to youngest)
- ❖ Scouts that attended previously

27  **Anyone Else ?**

NO

- ❖ This is not a family vacation.
- ❖ This is not a trip for non-Scout brothers or sisters.

28  **Leadership Positions**

- ❖ Expedition Leader – Assistant Scoutmaster Tim Kenyon
- ❖ Hiking Leader – Scoutmaster Steve Olson
- ❖ Base Camp Manager – OPEN
- ❖ Expedition Treasurer – OPEN
  - ❖ Maintains receipts, handles cash for Scout meals (may also hike)
- ❖ Expedition Head Cook – OPEN
  - ❖ Responsible for menus and meals; non-hiking position
- ❖ Expedition Quartermaster – OPEN
  - ❖ Trailer, group equipment (may also hike)
- ❖ Youth Leadership – Patrol Method

29  **Hiking Staff**

- ❖ Summit Crew
  - ❖ Provides required adult leadership to Summit
- ❖ Support Crew
  - ❖ Provides required adult leadership for anyone that cannot make it to the summit. Nobody gets left alone.
- ❖ All leaders that intend to hike must commit to a very high level of physical conditioning – the Scouts cannot get to the top without the Leaders

30  **ESTIMATED SCOUT COSTS**

❖ Gas Money; assumes 31 persons in 7 vehicles @ \$3.00/gal; (\$75.51 in '07)	\$70
❖ Road Food, first day, lunch and supper; (\$12 in '07)	\$14
❖ Georgetown Super 8, quad occupancy for Scouts, (\$29.72 in '07)	\$32
❖ Road Food, second day, lunch; (\$6 in '07)	\$7
❖ Camping Fee, 6 nights w/ 4 sites, 31 persons (\$11 in '07)	\$13
❖ Food in Camp; 6 days (\$55 in '05)	\$60
❖ Road Food, supper in Columbus, NE; (\$6 in '07)	\$10
❖ Columbus Super 8, quad occupancy for Scouts, (\$22.76 in '07)	\$28
❖ Road Food, second day homeward, one meal (\$6 in '07)	\$7
❖ TOTAL (\$223.99 in '07)	\$241

Adult costs may be slightly higher due to double motel occupancy  
Costs are based on 31 persons on trip – 14 Adults and 17 Scouts

31  **Pre-Trip Dates**

- ❖ Monday, December 14, 2009
  - ❖ Kick-off Meeting
  - ❖ Interest-only Signup Sheet
- ❖ Monday, January 4, 2010
  - ❖ Hand out Hiking Log Sheets
  - ❖ First chance for "Real" Signup Sheet
- ❖ Monday, March 8, 2010
  - ❖ Equipment Presentation
- ❖ Monday, April 19, 2010
  - ❖ Hand out Physical Forms
  - ❖ High-Altitude Risk Presentation
  - ❖ Roster Finalized
  - ❖ Drivers/riders/roommates identified

32  **More Pre-Trip Dates**

- ❖ Monday, May 24, 2010
  - ❖ Trip Permit Submitted to Council
  - ❖ Full payment due
- ❖ Thursday-Saturday June 3-5, 2010 Recon Mission
- ❖ Monday, July 12, 2010
  - ❖ Physical Forms Due
  - ❖ Final Equipment Check
  - ❖ Pre-Departure Last-Minute Check

33  **ELECTRONICS?**

- ❖ Scouts are encouraged to bring along electronic goodies
  - ❖ CD players
  - ❖ iPods
  - ❖ Game Boys
- ❖ They make the driving portion of the trip more bearable

34  **DRIVERS/PASSENGERS**

- ❖ Who drives with whom?
- ❖ Who rides in what vehicle?
- ❖ The riders/drivers will not be assigned – it will work itself out. It always does.

35  **Thursday, July 15, 2010 (day 1)**

- ❖ 7:00 AM Leave Madison
- ❖ Fast-food lunch and supper on-the-road
- ❖ 8:00 PM Arrive at Georgetown Super 8, elev. 8,500
- ❖ 10:00 PM Lights OUT

36  **Friday, July 16 (day 2)**

- ❖ 8:00 AM Reveille and Breakfast
- ❖ 9:00 AM Leave Georgetown
- ❖ 10:00 AM Photo Op at Dillon Reservoir (elev 9,000)
- ❖ 11:00 AM Photo Op at Fremont Pass (elev. 11,318)
- ❖ Noon - Lunch at Pizza Hut in Leadville
  - ❖ Perishable grocery shopping
- ❖ 2:00 PM Arrive in Camp – set-up, relax and acclimatize

- 37  **Saturday, July 17 (day 3)**
- ❖ No Reveille
  - ❖ Continental breakfast
  - ❖ 9:00 AM Acclimatization trip to Independence Pass elev 12,095 – snowball fight
  - ❖ Relax and Acclimatize
- 38  **Sunday, July 18 (day 4)**
- ❖ 8:00 AM Reveille and Breakfast
  - ❖ 9:00 AM Leave camp for acclimatization hike
  - ❖ 3:00 PM Trip to Leadville for swim?
  - ❖ 9:00 PM Lights out!!
- 39  **Monday, July 19 (day 5)**
- ❖ 4:00 AM Reveille and Breakfast
  - ❖ 5:00 AM Leave Camp
  - ❖ 11:00 AM Summit La Plata Peak – elev 14,336
  - ❖ 4:00 PM Return to Camp and Crash
  - ❖ Lights out Whenever
- 40  **Tuesday, July 20 (day 6)**
- ❖ No reveille
  - ❖ Continental Breakfast
  - ❖ Relax – short hike to stay loose
  - ❖ After Lunch - Trip to Leadville for souvenir shopping
  - ❖ 9:00 PM Lights out
- 41  **Wednesday, July 21 (day 7)**
- ❖ 4:00 AM Reveille and Breakfast
  - ❖ 5:00 AM Leave Camp
  - ❖ 11:00 AM Summit Mount Elbert – elev 14,433
  - ❖ 4:00 PM Return to Camp and Crash
  - ❖ Lights out Whenever
- 42  **Thursday, July 22 (day 8)**
- ❖ 6:00 AM Reveille
  - ❖ 7:00 AM Leave Base Camp
  - ❖ 8:30 PM Arrive at Super 8 in Columbus, NE
  - ❖ 8:31 PM Snooze in a real bed
- 43  **Friday, July 23 (day 9)**
- ❖ 8:00 AM Leave Hotel
  - ❖ Noon - Arrive in Madison
- ❖ Day 9 is also a contingency day – in case of bad weather on one of the ascent days; in that case we will travel on Saturday, July 24 (day 10).